

A visit to an old people's home

In June, my classmates, Miss Kwan and I visited an old people's home in Fanling. It was my second time to visit an old people's home. Miss Kwan asked us, 'Are you nervous?' My classmates said, 'Yes!' But I was excited.

Mr Raymond helped me prepare for the visit. He was a social worker. Miss Kwan and Mr Raymond put us into different groups. My group was in charge of the dancing and singing. We danced and sang a song called 'I'm so happy!' It was very difficult because we needed to dance neatly, so we practiced many times. Although it was difficult, we still did it joyfully. I looked forward to performing it for the elderly.

On that day, we went there by bus. Mr Raymond told us some things that we need to remember like we should talk loudly to the elderly and smile more. When we arrived, we saw some elders were already seated on the chairs happily. They looked forward to our dance performance. There were twenty-three old people in the old people's home. Most of them had grey and short hair. All of them had wrinkles. Some of them wore glasses. We played games with them. Some of them clapped happily. Most of them chatted with us loudly. I felt joyful.

The visit was meaningful. I learned we should help the elders. I would like to help more elders in the future.

By Su Xin Yi Linda